



HIROMI OGATA

BIOGRAPHER IN JAPANESE AND ENGLISH

HIROMI came to Australia 14 years ago to study counselling and psychology. She is a clinical counsellor and arts psychotherapist running a private practice in St Lucia. HIROMI has worked in palliative care over 10 years to support people who have a life-threatening illness and their bereaved family members.

Through her academic studies Hiromi's passion has grown for working with people in later life to listen to their life stories. Hiromi was trained as a biographer at Karuna Hospice in Brisbane in 2014. Since then being a biographer has become her life work. She believes that every life is extraordinary. With her professional counselling skills HIROMI assists people who wish to record their life story and leave their legacy to the next generations.

Biography process enables you to

- reflect on what your life means to you and revisit enjoyable times in your life;
- connect/reconnect to self and others through stories and personal reflections;
- deal with specific events, emotional moments and times that are meaningful to you;
- offer a tribute to those you love;
- share information on earlier times that might otherwise be lost; and
- give your family one of the most valuable gifts of all...your memories.

If you felt some connections with this legacy work, please contact HIROMI at:

EMAIL: HiromiOgataBioService@gmail.com

Bachelor of Applied Social Science (Counselling) / Master of Counselling (University of Queensland)
Arts Psychotherapist (Grad Dip)

Registered as Clinical Member of Psychotherapy and Counselling Federation of Australia (PACFA)
Clinical Member of Queensland Counselling Association (QCA)

Member of Palliative Care Queensland / Member of Australian Centre of Grief and Bereavement

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